

111-學年度第一學期校園防疫我該怎麼做

▼我快篩陽性

1.安置

- ✧ 住宿生:請通知宿管中心暫先進行安置
- ✧ 非住宿生住家以符合 1 人 1 室為原則(單獨房間含衛浴)

2.診斷確診

- ✧ 快篩陽性:經由醫師視訊診療或現場評估確認
- ✧ 重複感染:由醫師評估後認定
- ✧ 通報 NTNU APP-<確診及居隔回報系統>，健康中心進行疫調

3.居家照護

- ✧ 警示症狀：喘、呼吸困難、持續胸痛/悶、皮膚或嘴唇發青等
- ✧ 出現以上症狀，請立即撥打 119 或由同住親友接送就醫

4.解除隔離

- ✧ 7 天居家照護期滿，無須採檢直接解隔，無症狀可入班上課
- ✧ 進行 7 天自主健康管理，禁止前往人潮擁擠、餐廳內用、聚餐等

▼我有症狀(不論是否有無敵星星)

- ✧ 建議使用家用快篩檢測
- ✧ 生病不入校，勿趴趴走

Q:怎樣才算重複感染 COVID-19

狀況 1

於發病日或採檢日 1-3 個月內 → 症狀惡化+ PCR 陽性 (Ct 值 <27)
或抗原/核酸快篩陽性

狀況 2

於發病日或採檢日間隔至少 3 個月後 → 無論是否有症狀+ PCR 陽性
(Ct 值 <30) 或抗原/核酸快篩陽性

上述條件須由醫師評估後認定

▼我接觸過確診者(3 個月內曾確診不匡列)

- ✧ 同寢室友(比照同住親友框列為密切接觸者)
 - 住宿生返家:居家隔離不入校，自主防疫期間不入班上課
 - 住宿生留宿:請配合宿管中心相關規定
- ✧ 非同寢室友
 - 與確診者摘下口罩共同活動 15 分鐘以上（如用餐、交談），快篩陰性無症狀可上課
 - 與確診者全程配戴口罩共同活動，注意自我的健康狀況

▼全民防疫一起做

- ◇ 戴口罩
- ◇ 勤洗手
- ◇ 保持社交距離

▼立可篩

- ◇ 24 小時免詢問立刻領用快篩
- ◇ 放置於健康中心門口

Fall Semester, 2022-2023 Academic Year Campus Pandemic Prevention Protocols

▼ **I am rapid-tested positive**

1. Placement

- ◇ Residential students: Notify Student Housing for temporary rehousing
- ◇ Non-residential students should follow the one person per room rule (an individual room with a bathroom)

2. Diagnosed positive

- ◇ Rapid-test positive: Confirmed by video or in-person consultation with a physician
- ◇ Repeat infection: to be determined by physician assessment
- ◇ Report on the NTNU APP-<Reporting System for Confirmed Cases and Home Quarantine Persons>; the Health Center will conduct follow-up management

3. Home care

- ◇ Warning symptoms: wheezing, shortness of breath, persistent chest pain/stuffiness, blue skin or lips, etc.
- ◇ If you have any of the above symptoms, call 119 right away or ask a friend/relative living with you to take you to see a doctor.

4. Release from quarantine

- ◇ You are directly released from quarantine without having to take a test at the end of the 7-day home care period. You may attend classes in person if you don't have any symptoms.
- ◇ You should undergo 7-day self-health management. Avoid going to crowded places, dining in restaurants, and gatherings.

▼ **Invincible immunity may be overrated**

- ◇ Home rapid test is recommended

- ✧ If you don't feel well, don't come to school and don't go out

Q: What's considered a repeat COVID-19 infection?

Case 1

Within 1 to 3 months after the onset of illness or date tested positive →
Deterioration of condition + PCR positive (Ct value <27) or antigen/nucleic acid rapid test positive

Case 2

After at least 3 months after the onset of illness or date tested positive →
Regardless of the presence of symptoms + PCR positive (Ct value <30) or antigen/nucleic acid rapid test positive

The above conditions must be assessed by a physician

▼ I have been in contact with a confirmed case (you'll not be listed as a close contact if you've been tested positive within 3 months)

- ✧ Roommates in the same room (listed as a close contact as in the case of cohabitating friends or relatives)
 - Residential students returning home: No coming to school during home quarantine. No attending classes in person during self-initiated pandemic prevention period.
 - Residential students in dorms: Cooperate with the relevant regulations from Student Housing.
- ✧ Non-roommates
 - For students who had removed their masks for more than 15 minutes with a confirmed case (e.g., eating or talking), you can attend classes if you are rapid tested negative and have no symptoms.
 - For students who had worn a mask throughout their contact with a confirmed case, pay attention to your own health condition.

▼ Prevent COVID Together

- ✧ Wear a mask
- ✧ Wash hands frequently
- ✧ Maintain social distancing

▼ Rapid test kit

- ✧ 24/7 immediate access to a rapid test kit, no questions asked
- ✧ Get one at the entrance of the Health Center